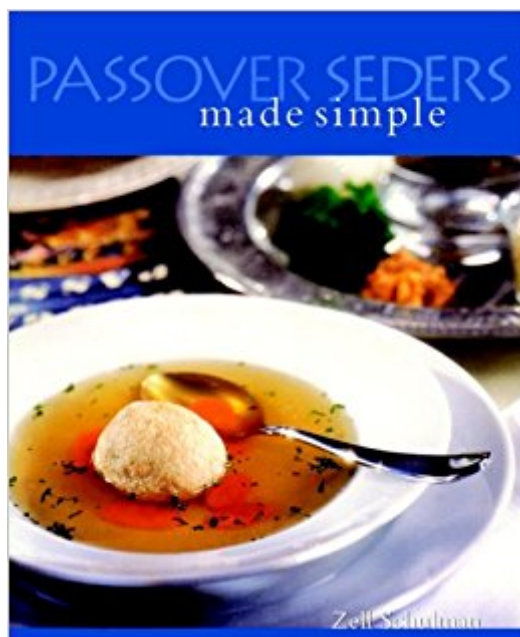


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# Passover Seders Made Simple (Cooking/Gardening)



## Synopsis

There are many new faces around the Seder table today, and sharing the traditions and rich heritage of the Passover holiday can be challenging. That's why anyone hosting a Seder needs *Passover Seders Made Simple*. It's the ultimate how-to cookbook for planning a Seder, with lists, explanations, and sources for everything from Kosher foods to ceremonial objects to stocking the Passover pantry. You get six Seder menus to suit individual religious backgrounds, special diets, budgets, and time constraints. With *Passover Seders Made Simple*, preparing for Passover has never been so easy!

## Book Information

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Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (6 customer reviews)

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## Customer Reviews

Excerpted from The Orange County Register April 10, 2003 by Judy Bart Kancigor, author of *Cooking Jewish: 532 Great Recipes from the Rabinowitz Family* Some good things deserve repeating. Zell Schulman's exhaustive Passover guide, "Let My People Eat," is now in paperback, renamed "Passover Seders Made Simple" (Wiley). It contains everything you ever wanted to know or thought to ask about the Seder, the traditional meal that commemorates the deliverance of the Jews from slavery in Egypt. Calling herself an "ecumenical Jewess" - "I'm a Reform Jew with an Orthodox heart and a Conservative way of life," she said - Schulman offers lists for everything from pantry supplies to prohibited foods to Passover substitutions. She explains the significance of ceremonial items, gives shopping resources, and offers six Seder menus as well as additional recipes for the eight-day celebration. Even the novice need not be intimidated under Grandma Zell's

encouraging tutelage. "Don't push the panic button," she advised. The recipes are keepers: Passover Pizza with a zucchini crust, Shiitake Mushroom-Bell Pepper Matzo Kugel, Roast Lamb with Garlic Rosemary Sauce, Chocolate Mousse Tort. All are delivered in her breezy style that reveals her upbeat outlook. "Life is a gift," Schulman told me. "You open the package, and you deal with it." This carrot salad makes a delicious starter. "It's the best appetizer that you can use for the rest of the year too," she said.

**ALLEGRIA COHEN'S CHIZU SALADA (CARROT SALAD)**  
2 lbs. peeled baby carrots  
2 tsp. ground cumin  
1/2 tsp. paprika  
1 tsp. salt  
1/4 tsp. dried red pepper flakes or ground red pepper  
juice of 1 large lemon  
2 TBS. olive oil  
chopped fresh parsley for garnish

Place the carrots in a medium saucepan. Cover with cold water and cook over medium heat until the tip of a knife can pierce them, about 15 minutes. Do not overcook. Drain and let cool. In a small bowl, mix cumin, paprika, salt, red pepper flakes, lemon juice and olive oil together. Add this to the cooked carrots and gently coat them. Let cool for 20 minutes. Garnish with the parsley. These may be prepared up to 1 week before the Seder. Serve at room temperature. Makes 8 servings.

I had this book for a year or two before I really tried out the recipes one year. They are excellent! Zell Shulman organizes her book into numerous Pesach menus, such as Ashkenazic, Sephardic, Health-Conscious, Easy to Prepare, and Ecumenical Potluck. There are grocery lists and timelines accompanying each menu and they really help to streamline the task of pulling together a Seder meal. Even though the layout and organization was impressive, I wasn't sure I would find the recipes to be as good as promised. When I served the Sephardic menu, it was really good! Everyone devoured the food and it felt wonderful to present such a lavish meal that still allowed me to enjoy the holiday and my friends and family in a relaxed fashion. One other plus: the author includes many additional recipes that help round out the eight day holiday. My reason for four stars: her "Easy to Prepare" seder scares me a little, although in fairness I haven't tried the recipes.

This book is a tremendous resource for those who are not familiar with Kosher food preparation. I was in charge of a Seder Dinner at a Catholic Church and although I had a Jewish mentor, was so glad to also have this book, since it guided us through even the proper table settings for this beautiful meal. VERY GOOD!

I used this book to help me set the table as well as for the recipes inside. I couldn't have had my Seder without it.

This book is a must have. Explains relevance (with the definition) in a way for all to understand. ..the recipes are good too!!

Yum!

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